

Past Winners										
Year	Male	Time	Female	Time	Male Veteran	Time	Male Team	Time	Female Team	Time
1982	J Norman	2.34.09	J Robertson	3.42.04	L Danks	2.44.14	-	-	-	-
1983	J Norman	2.29.38	J Robertson	3.33.25	B Davies	2.55.09	Eryri Harriers	8.57.18	-	-
1984	M Leary	2.29.08	B Hogge	3.28.19	B Davies	2.48.28	Eryri Harriers	8.21.31	-	-
1985	J Norman	2.28.02	J Robertson	3.21.11	P M Ball	2.45.25	Eryri Harriers	8.35.18	-	-
1986	J Norman	2.33.31	R Gillick	3.17.40	B E Davies	2.25.36	Eryri Harriers	8.44.23	-	-
1987	J Norman	2.33.08	P Mee	3.11.25	M J Owen	2.42.27	Altringham AC	8.00.41	-	-
1988	K Gaskell	2.33.57	J Cowper	2.56.43	M J Owen	2.38.37	Horwich RMI	8.19.37	-	-
1989	K Gaskell	2.34.52	K Drake	3.01.21	T Hesketh	2.50.08	Horwich RMI	8.12.46	-	-
1990	D Jones	2.37.30	Z Lowe	3.04.56	T Burke	2.45.45	Eryri Harriers	8.15.21	-	-
1991	E Roberts	2.31.41	Z Lowe	3.02.30	R Robson	2.45.35	Tipton Harriers	8.33.29	-	-
1992	J Parker	2.36.41	K Drake	3.01.32	J Norman	2.42.40	Chorley Harriers	8.36.29	-	-
1993	S Snow	2.35.35	K Drake	2.57.59	C Hibberd	2.45.29	Eryri Harriers	8.58.29	-	-
1994	J Wieczorek	2.32.54	K Drake	3.12.55	D Jones	2.41.57	Eryri Harriers	8.36.59	Hull Springhead Harriers	11.01.13
1995	J Parker	2.35.25	K Drake	3.06.52	D Jones	2.39.37	Eryri Harriers	8.58.44	Shropshire Shufflers	11.10.23
1996	S Mills	2.40.53	C Hunter-Rowe	2.59.42	D Jones	2.46.08	Bridgnorth AC	8.23.33	Shropshire Shufflers	11.31.32
1997	J Allen	2.41.31	Z Lowe	3.11.19	W Epskamp	2.51.46	Bridgnorth AC	8.26.34	Shropshire Shufflers	10.37.48
1998	M Roberts	2.43.16	K Drake	3.07.26	A Bridge	2.45.39	Eryri Harriers	8.45.21	Wreake Runners	10.47.05
1999	D Walmsley	2.40.09	S Newman	3.07.39	E Roberts	2.41.13	Eryri Harriers	8.42.14	Wreake Runners	10.39.46
2000	P Nichol	2.48.12	S Newman	3.06.52	K Smith	2.51.55	Eryri Harriers	8.37.15	Wreake Runners	10.26.56
2001	D Walmsley	2.37.14	K Drake	3.12.12	K Smith	2.51.10	Eryri Harriers	8.30.36	Wreake Runners	11.34.08
2002	- Race cancelled due to adverse weather conditions -									
2003	M Cox	2:38.44	A Sedman	3.11.02	A Hartveld	2.49.26	Eryri Harriers	8.35.21	Totley AC	12.11.23
2004	D Walmsley	2.41.54	A Sedman	3.11.59	S Link	2.44.10	Eryri Harriers	9.09.15	-	-
2005	D Walmsley	2.46.50	E Hawker	3.20.49	R Pattinson	2.50.01	Eryri Harriers	9.01.45	-	-
2006	D Walmsley	2.39.53	A Salt	3.05.53	J Allen	2.44.37	Witney Road Runners		Shropshire Shufflers	